**THANK YOU TO OUR PARTICIPANTS**

***from* CAREER READINESS CLASS**

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**ADDITIONAL STUDENTS**

Alvarez, Marissa

Eastman, Robert

Moody, Steven

Vinzon, Nate

**SPECIAL THANKS TO:**

Toni&Guy Hairdressing Academy

Cherish Del Rosario, Make-up Artist

Nick Paredes, Career Day 2013 Video Editor

Graham Edkins, 2014 Workshops Video Editor

Heather Gast and FIDM (Fashion Institute of Design & Merchandising)

El Segundo High

**Career day 2014**



*Start your race to the future one lap ahead.*

**GUEST SPEAKER CHOICES**

Actor

Architect

Art Museum Educator

Athletic Trainer

Author

Business Owner/Entrepreneur

Child Development/Recreation Specialist

Clothing Product Manager – Hurley

Computer/IT Consultant

Construction Business Owner

Cosmetologist – Hair

Deputy Probation Officer

EMT (Emergency Medical Technician)

Engineer (Aerospace)

Engineer (Quality)

FBI Agent

“Female Crime” Specialist

Fine Arts Specialist

Firefighter

Foreign Affairs Diplomat

Graphic Designer

Hospital Child Development Specialist

Human Resources Hiring Manager

Hypnotherapist

Interior Designer

Military – Air Force

Military – Army

Military – Marines

Military – Navy

Missionary

Mortgage/Real Estate Broker

Nurse Practitioner

Nurse (Registered)

Parole Agent

Pastor/Clergy

Physician Assistant

Police Officer

Pro Soccer Player

Psychologist

Set Designer

Social Worker

Sound Engineer

STEM Career Specialist

TV Editor/Producer

TV Marketing Advertiser

Veterinarian or Vet Tech

**WORKSHOP CHOICES**

***Decisions, Decisions*: Social Intelligence for Teens**

Take the first steps in finding your purpose and making personal choices regarding college majors, life after high school and social situations.

***To Infinity and Beyond!* Steps to Getting on the Right Career Path**

Meet the author of a career planning book which includes assessing your strengths and passions, networking, social media, resume building, interviewing and more.

***I Want to Be in Movies*: TV/Movie Audition Workshop**

Led by an experienced actor, this session will teach you techniques and give you helpful advice to prepare for an audition. Actors and performers of all levels are welcome.

***Stand out in the Crowd*: How to Ace an Interview**

Whether you are planning for your college admissions interview, a part-time job, an internship, or a future career, this workshop will give you insight into what will help you shine in a sea of applicants.

***Eating Mayonnaise Is Not a Special Skill*: How to Write a Right Resume**

Few things in life HAVE to be perfect. A resume is one of them. Learn the common mistakes people make and learn how to make your resume reflect the BEST you! (iPad suggested)

***Say What You Want to Say*: Communication Skills That Count**

Words matter . . . and so does how you use them. Learn to say what you mean and mean what you say. Practice how to communicate more effectively in speech and in writing.

***What’s Your EQ?* The Importance of Emotional Intelligence**

Do you find it hard not to bring personal drama to school or work? Do you find it easier to blame others or gossip when you make a mistake? Learn how to *respond vs. react* in difficult situations. Take control of your life and improve your EQ.

***Ain’t Nobody Got Time for That*: Time Management for Busy People**

Do you struggle with procrastination? Is there always more things left to do at the end of the day? Change your habits and give every minute a purpose.

***It’s All about the Money, Money, Money*: Money Management 101**

Do you struggle with needs vs. wants, impulse spending, etc? It’s never too early to start learning how to budget your money, spend it wisely, and $ave for the future.

***True Colors*: What Your Personality Really Means**

Take a research-based personality survey that matches your personality with college majors, industries, and career fields that fit your character and strengths. It really works! (iPad suggested.)

**REGISTER NOW!**

**ONE GUEST SPEAKER AND ONE WORKSHOP**

Go to[**www.elsegundohigh.org**](http://www.elsegundohigh.org)**.** Click on **Career Day Registration.**

Space is limited. Don’t delay!

**Deadline to register is 11:59 pm on Friday, Feb. 7.**

*(Those who fail to register will be placed where there are openings.)*